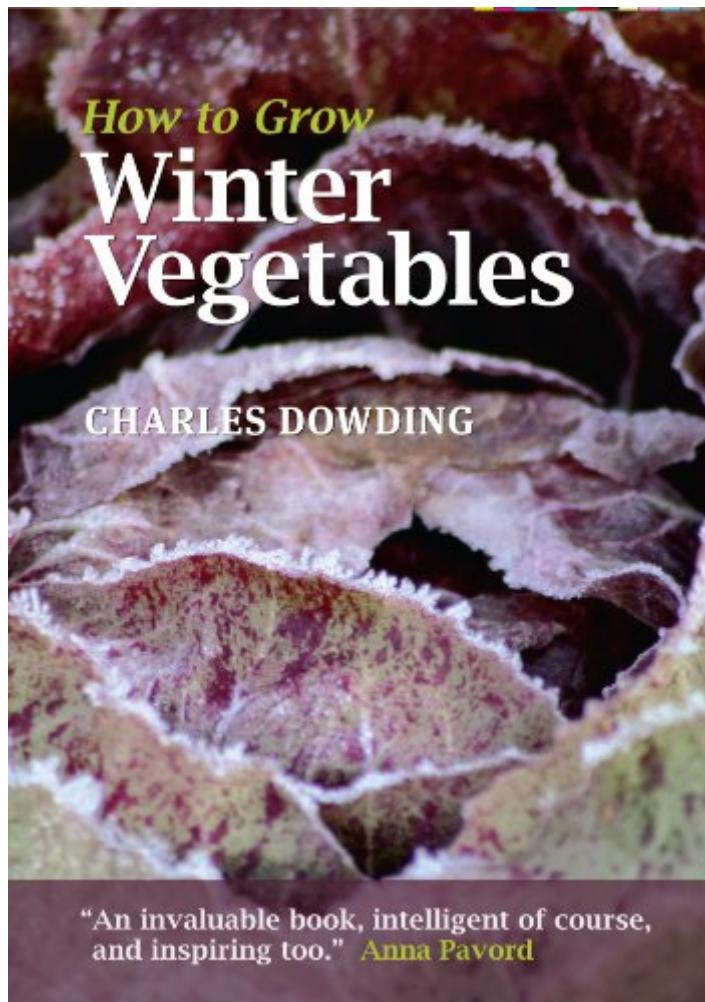


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# How To Grow Winter Vegetables



## **Synopsis**

How to Grow Winter Vegetables shows that it is possible to enjoy an abundance of vegetables at the darkest time of year, whether stored or ready for harvesting when needed. It also covers growing for the hungry gap from April to early June. Not much grows in winter, but a well-organised plot may nonetheless be quite full. You need to plan carefully, and well ahead (as early as spring) for sowing and planting at specific times through the year, so the main part of the book is an extensive month-by-month sowing, planting and growing calendar. Further sections cover harvesting, from garlic in July right through to the last of the overwintered greens in May, and storing your produce. Many salads can be grown in winter, especially with a little protection from fleece, cloches or larger structures. The book includes a whole section on frost-hardy salad plants, explaining how to ensure harvests of fresh leaves throughout winter. The beauty of winter and its produce is captured in glorious photographs from the author's garden.

## **Book Information**

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## **Customer Reviews**

While I have quite a collection of books about winter vegetable gardening, I turn to this book a lot for

advice on timing. This is the best organized manual I have seen on how to grow crops for eating in the winter. The author gives specific, practical advice for what to do each month for each vegetable: preparing, planting (including spacing for best results, giving you a range), care, and special concerns. He also has helpful charts for at-a-glance help. He's been a market gardener for many years and it shows. I'm surprised this book isn't more popular. My guess is that it is because the author lives in the UK and the book hasn't been promoted in the US. I've found the author's timing and culture recommendations work very well for my mid-Atlantic garden as long as I keep in mind that his winters are a bit milder than mine, and his climate is usually more rainy and cooler in the summer. If you live in the South, you will need to grow short-day onions (he grows long-day onions), and the timing will be different.

Great reference. Mr. Dowding's market garden is in zone 8 so it is quite applicable even here in US. After reading this, you wonder why you didn't plant vegetables for winter harvest and for spring "hunger gap". We run a small farm and sell at local farmers market and it still has wealth of information even for those of us with years of experience. And if you are new or novice at gardening, Mr. Dowding really makes it easy for you to understand, when to plant and when to harvest. And I do love his writing style. Don't turn over the soil no matter how great your temptation is. And do use insect netting for brassicas.

Loads of great info. Have started my Fall/Winter Garden already!

This is a wonderful book. Very organized, easy to follow, complete guide to growing winter vegetables. Charles adds a very pleasant writing style with tips and tricks and things that he tried that did not work so well for him. I find this the first book I reach for in guidance.

I love the way this man thinks, and his advice is top notch.

TY

Excellent.

I'm very pleased with this book. It has beautiful color photos to help identify the plants. I'm looking forward to trying some of the great ideas in it. I would recommend this book.

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